



BEECHWOOD

Sacred Heart School



Sixth Form

Enrichment Programme

TIMETABLE Autumn Term

YEAR 12	YEAR 13
Team Building Course - Young Film Academy	Team Building Course - Young Film Academy
Sixth Form ethos	Application to HE
Self Review/Research skills - ICT & Library	Application to HE
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Self Defence - outside presenter	Self Defence - outside presenter
Self assessment by girls/ Review of Year 12 progress reports / interviews with tutors	Interview training & role play
Preparation for form assembly	Self Review
Charity Walk	Cookery Course/Well Woman
Introduction to Higher Education - UCAS	Cookery Course/Finance for students
Improving your image workshop - Image Consultant	Cookery Course/Car maintenance
Baseline Tests	Cookery Course/ Buying a car
Carols singing for charity	Cookery Course/Sewing essential skills
Progress Review - grades	Progress Review - grades

Spring Term

Discussion Groups - preparation	Module exams/
Discussion Group - competition	Module exams/
Alcohol Talk - outside speaker Dr A McClellan	Module exams
Relaxation	Relaxation techniques
Interhouse Activities	Food Hygiene course
UCAS update & coursefinder/interviews	Cookery Course/Well Woman
Magistrates presentation & workshop	Cookery Course/Finance for students
Futurewise careers presentation	Cookery Course/Car maintenance & Buying a car
UCAS update & coursefinder/interviews	Cookery Course/ Sewing essential skills
Progress Review - grades	Progress Review - grades

Summer Term

Ball Preparations	Final Decisions
Personal Statement info/review of enrichment	Final Decisions / essential sewing
Exam procedure talk/ Assembly preparation	Exam procedure talk/ review of enrichment
Assembly preparation	Assembly preparation
Leavers' Assembly	Leavers' Assembly
Study Leave	Study Leave until end of term
Study Leave	
Assertiveness Training at Outdoor Centre	
Internet Safety Training	
Gap Year Opportunities - Project Trust/course re- search	
Progress Review / reports	

Enrichment

Current Affairs

Weekly lessons help you to develop your understanding of political, economic & global issues and form your opinion on events in the news.

PE

Competitive sports or simply keeping fit and healthy. You can take part in team games, become a referee, join a fitness centre, try Yoga and more.

RE

You will discuss contemporary issues and gain an understanding of the religious perspective. This will help you to develop your point of view by reasoning and independent thought.

Extra-curricular Opportunities

You could run a club, become a tour guide, join MUNGA or Young Enterprise, help with school duties, be a Form Prefect or School Prefect.

Other stuff...

Experiences that will be useful and entertaining, such as a talk by an image consultant, etiquette and wine tasting events; theatre, art and music outings.

Leadership and Assertiveness Training Workshop



Careers

You can meet a professional Careers Councillor by appointment at any time. You will be guided by your tutor and Head of Division as you select a course and apply for higher education. Information can be researched using the HE Information Centre, on the Internet or by consultation by staff.

Preparation for life