FOOD TO FEEL GOOD

Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
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Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad	Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad	Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad	Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad	Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad	
Tomato and Bacon Pasta Bake	Jacket potato Bar Beef chilli con carne	Bangers and mash (pork sausages served with creamy mashed potato)	Beef Masala served with fluffy rice	Breaded cod fillet or steamed Hoki in a rich tomato sauce	P sup a
Garlic and Herb Bread	coronation chicken, bacon and sweetcorn mayonnaise, pasta salad, chicken Caesar salad.	Yorkshire puddings	Naan Bread, mango chutney, sultanas, desiccated coconut and onion flakes	Chunky chips	
Sweetcorn	Ratatouille	Savoy cabbage and roasted carrot	Broccoli	Baked beans and peas	Ste
Macaroni cheese Bake with a panko crust	Quorn chilli con carne	Quorn sausages	Vegetable tikka masala	Roasted vegetable tartlet	Si se
Cheese and tomato turnovers Bacon and cheese turnovers	A selection of British and French cheese served with biscuits and chutney	Tomato, mozzarella and basil salad	Wrap Bar BLT, chicken and avocado, brie and cranberry.	Cheese and onion frittata	С
carrot cake, fresh fruit and yoghurt	flapjack, fresh fruit and yoghurt	Rice pudding, fruit salad and yoghurt	A selection of ice- cream, freshly cut fruit	Raspberry jelly pots, fresh fruit and	S
	Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side salad Tomato and Bacon Bacon Bacon Carlic and Herb Bread Garlic and Herb Bread Sweetcorn Macaroni cheese Bake Bacon and cheese burnovers Cheese and tomato furnovers Bacon and cheese Bacon and cheese bacon and cheese bacon and cheese burnovers Bacon and cheese bacon bac	Homemade Soup of the byead. Or try our jacket potato with baked Beans and a side saladHomemade Soup of the the day served with firsh baked Beans and a side saladTomato and Bacon Pasta BakeJacket potato Bar Beer chilli con carneGarlic and Herb Breadcoronation chicken, bacon and sweetcorn salad, chicken Caesar salad, chicken Caesar <b< td=""><td>Homemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side saladHomemade Soup of the day served with fresh bread. Or try our Jacket potato with baked Beans and a side saladHomemade Soup of the day served with fresh bread. 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SATURDAY

SUNDAY

SUNDAY BRUNCH

Pan fried chicken upreme served with a creamy parsley sauce

Sausages, hashbrown, sliced tomato, fried mushrooms, poached eggs, croissants

Jasmine rice

A selection of cereals

iteamed corn on the cob

Stuffed aubergine served with a spicy tomato sauce

Cold Meat platter

Strawberry's and cream

Natural yoghurt, granola and fresh fruit

FOOD TO FEEL GOOD

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For those with special dietary requirements or allergies, who may wish to know about the food or drink ingredients used, please ask for a manager.

SATURDAY

SUNDAY