

# SUPPER MENU

WEEK  
COMMENCING

WEEK 3

 **MONDAY**

Gammon  
Egg  
chips

Fruit and yogurt

 **TUESDAY**

chicken stroganoff  
Pao de queijo (cheese bread)  
Onion and garlic rice

Dessert of the day

 **WEDNESDAY**

Cumberland ring sausages  
Mashed potatoes  
Sautéed cabbage  
gravy

Fruit and yoghurt

 **EVERYDAY**

Salad bar  
Selection of bread

 **THURSDAY**

Sticky BBQ ribs  
Vegetable chow mein  
Vegetable spring rolls

Dessert of the day

 **FRIDAY**

Beef chilli con carni  
Rice  
Green beans

**NOTES**



 **THIS WEEK**