

PSHCE EDUCATION POLICY – Senior School

Aims of PSHCE Education

At Beechwood Sacred Heart School we are committed to providing a broad, balanced, all-round education for our pupils. This involves not only the teaching of formal, academic subjects at all levels, but also addressing the spiritual, moral, social and cultural development of the pupils. This is partly addressed through the general ethos and aims of the school and its underlying Code of Conduct, but, more specifically, through a structured programme of Personal, Social, Health, Citizenship and Economic Education (PSHCE Education). The school will have regard for the new DfE guidance in KCSIE 2019 on Relationships Education and Relationships and Sex Education (formerly known as Sex and Relationship Education), to refer to the forthcoming changes to Personal, Social, Health and Economic (PSHE) education which means that subjects specific to age groups will become mandatory in 2020.

Key Elements to PSHCE Education

Due to the diverse nature of PSHCE Education, this policy should be read in conjunction with other school policies on the Curriculum (both Academic and Pastoral), Anti-Bullying, Sex and Relationships, Promoting Fundamental British Values policy as well as the Beechwood Code of Conduct.

Some of the specific objectives of the PSHCE Education programme are as follows:

- To help our pupils develop self-confidence and a feeling of worth
- To encourage our pupils to make healthy, informed life-choices
- To enable our pupils to understand their rights, associated responsibilities and possible consequences
- To develop in our pupils a caring and considerate attitude towards themselves and others with reference to the Equality Act 2010 which states that particular regard must be made to the protected characteristics of others.
- To develop an informed and sensitive attitude towards the environment
- To help our pupils understand and manage their feelings
- To help pupils identify ways of responding to peer group pressure
- To enable pupils to understand how British society works, their place within it and an understanding of tolerance and diversity.
- To have an understanding of basic economics.
- To have an understanding of possible future careers avoiding all forms of stereotyping.
- To understand what radicalisation is taking in to consideration Prevent duty which came in to force July 2015

Organisation of PSHCE Education

PSHCE Education in the Senior School at Beechwood is delivered once a week through discrete timetabled 50 minute lessons for all year groups. Due to the cross-curricular nature of this subject, some topics are only covered in academic lessons due to time constraints, i.e. different environmental aspects are taught in Science and Geography lessons so they do not form part of the PSHCE Education programme, an understanding of British institutions and services in England and an understanding of democracy and the Law may be taught in History lessons as well as in PSHCE. Tolerance and an understanding of different cultures and religions may be promoted in RE lessons and through the assembly programme. Assemblies are often used to support the PSHCE programme.

The timetabled PSHCE Education programme is developed by the Co-ordinator in conjunction with the Deputy Head, and the Heads of Division, Joshua Rowe (Junior) and Carol Mitchell (Middle). The Sixth Form follow an Enrichment Programme put together by Mr Michael Awdry, Head of Sixth Form. Lessons are usually taught by Form Tutors, with support from other staff members with expertise in particular areas such as Mrs Candy Prodrick who delivers a session on relaxation, the School Nurse Mrs Victoria Barwick who delivers sessions on contraception and general first aid and the Librarian Miss Emily Blakey who delivers sessions on research skills and use of the library. Members of the Learning Development team are also on hand to help with the production and delivery of resources to specific students or to deliver sessions where their expertise is required.

Use of Outside Speakers

Outside speakers are invited to share their expertise with the pupils. We have a number of these that come to deliver sessions to different Year groups, for example:

- Internet safety and personal safety, drugs, crime and the young
- Guide Dogs for the Blind
- British Red Cross
- Alcoholics Anonymous
- Porchlight – Homeless Charity
- Cookies Kitchen
- Nicola Podd – Careers
- ISCO – various members of the Southern Team
- Kent Fire Service
- Graham Kendrick – Christian Singer and Songwriter
- Jonathan Taylor – Online Safety

Outside speakers are never left unsupervised with the pupils. There is always at least one member of school staff in attendance to support the speaker, to manage the behaviour of the pupils and to ensure the smooth running of the session with regard to ICT use, timing, etc.

This policy precludes the promotion of partisan political views in the teaching of any subject in the school; and takes such steps as are reasonably practicable to ensure that where political issues are brought to the attention of pupils while they are in attendance at the school; while they are taking part in extra-curricular activities which are provided or organised by or on behalf of the school; or in the promotion at the school, including through the distribution of promotional material, of extra-curricular activities taking place at the school or elsewhere; they are offered a **balanced presentation of opposing views**.

Equal Opportunities

All pupils are able to access the PSHCE Education programme and to develop new personal and social skills. Sex and relationship sessions are taught in mixed groups, as is relaxation.

Special Needs Education

Commercially produced work schemes are used, as well as materials produced 'in-house'. This allows for differentiation by task and outcome. A variety of activities are provided so staff have a choice as to how they deliver the material and pupils have the best possible chance of accessing the material and achieving the lesson aims and objectives. These include debates, discussions, power points and written work.

Assessment

Assessment in PSHCE Education usually occurs at the end of each session or topic. This can take a number of forms:

- verbal from class discussions
- aurally from presentations
- production of written work.
- Observation of lessons

Reporting

Reporting of progress in PSHCE Education takes place bi-annually and usually forms part of the Form Tutors comments.

Resources

A number of different commercially produced work schemes are used including:

- Your Life
- U3
- PSHCE Education
- Citizenship
- Literacy for PSHCE
- Literacy for Citizenship

Resources are also taken from the Internet and, when necessary, adaptations are made 'in house' to ensure materials meet with the religious and moral ethos associated with Beechwood School. DVDs and Youtube clips are also used to aid delivery of a variety of topics, i.e. virtual tour of the Houses of Parliament.

Regular DVDs used include:

- Channel 4 – A-Z of Drugs
- Channel 4 – A-Z of Sex
- Channel 4 – Losing your mind

There is also a shared area of resources available saved in a file called 'PSHCE' on the Gamma Drive that all staff can access.

The Role of the Co-ordinator

The role of the Co-ordinator is to support staff in the delivery of a spiral PSHCE Education curriculum programme throughout the Senior School, to organise and produce resources and to disseminate any new initiatives. INSET is available and staff should request this by approaching the Deputy Head.

Resources are put together for each session and provided to staff to aid delivery of the individual sessions and topics. Staff are encouraged to share resources that they have produced and to save them in the shared area on the Gamma Drive.

Provision for Evaluation and Review

Pupils and staff that deliver sessions are all part of the bi-annual review of the PSHCE Education programme. Comments are collated by the PSHCE Education Co-ordinator and changes are made to reflect their views and opinions.

This policy is reviewed annually.

Reviewed DHM/HoPSCHE September 2019

To be reviewed September 2020